

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Taryn Macintosh

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 02:26:44

**PACE** 11:16/km

**OVERALL** 130 of 149

**GENDER** 52 of 70

**OPEN** 21 of 27

23 June 2019, Sun

Date

